



CooperarPerú (NGO) *Dossier*



Trabajando
por los niños
Peruanos.



CooperarPerú

CONTACTS:

General Director: Wilver Eduardo Huaynamarca

Cell: +51 984 501 418

Telephone: 0051-84-253429

Email: comunica@cooperarperu.com

Website: www.cooperarperu.com

Facebook: CooperarPeru

Office: Hostel “La Caja Mágica”
Calle Suytuqhatu, 759 barrio de San Blas

Cusco-Perú



Who are we?

- **Our history:**

CooperarPerú, is an organization that was born at the University of San Antonio Abad of Cusco, as a thesis in Communication Sciences! At the end of 2010, we established ourselves as a non-profit civil association called “CooperarPerú.”

Since its initiation, the sole objective of the organization has been to work for the children of the high Andean communities. We want to contribute to the development of communities such as Tankarpata and Cruzpata, who are so near to the city center of Cusco, yet so far from the reality experienced by tourists.



“Creating and strengthening capacities for community development”

We work alongside the people of Tankarpata and Cruzpata through cooperation and volunteerism to increase the capacities of the communities to develop themselves.

Our milestones are to heighten their awareness of the environment and take on leadership roles in the development of their communities. A community only functions when all members have their needs met; therefore, we involve all family members—fathers, mothers, and children—in workshops focused on health and education. Additionally, we work to break down psychological barriers so that individuals join the community as a functioning unit.

“We work in the communities”



At the core, we believe that children are the engine of community development and that they are the force of change in society. As is characteristic of CooperarPerú, in Tankarpata, we work mainly with children and parents. We serve more than 50 children from 2 to 16 years old in the afternoons from Monday to Friday (the after-school period).

Furthermore, we believe that the work cannot end at the doors of the school—continuity is necessary when children return home. Therefore, we conduct workshops with parents to

improve the situation of our children. We hold meetings—mainly on the subjects of health, psychology and education—wherein parents participate and share experiences collectively.



The Tankarpata School: Three Pillars

- I. Strengthen school development and performance.
- II. Provide adequate information on various health issues.
- III. Influence personal achievement and promote community development.

1. Montessori education: project “Learning Together”

- Real-world education. We create moments to wash our hands, moments to reinforce learning, moments to play, moments to listen, moments to express our emotions, and moments to eat.
- School support. We work to prevent school failure, reduce attention deficit, and improve academic performance and methods of study. The school contains a library of folders to support after-school study time.
- Beyond academics. We combine academic and social aspects in order to create a space in which children personally develop. We build values and help one another to improve



ourselves. We make art, theater, body awareness activities, dance and song, sports, games, and media.

2. Health:

- Hygienic habits. Children learn how to wash their teeth, hands, and ears; and apply moisturizer to protect against the unfavourably cold conditions.
- Health campaigns. Once a year, we conduct health campaigns covering a variety of medical topics to face daily and weekly health problems of the community.
- Workshops with parents. Through these informative and interactive meetings, we attempt to provide families with the necessary information and tools to prevent and combat diseases caused by lack of nutrition and personal hygiene (intestinal parasites, lice, fleas, etc.).
- Family follow-up. When necessary, we address internal problems, intervene at home, and accompany family members to institutions such as hospitals.



3. Community Development:

- Institutions. CooperarPerú collaborates with governmental and non-governmental institutions to achieve basic assistance for the development of Tankarpata. We prioritize decreased parasitosis and other diseases caused by water pollution and lack of information on food handling.
- Parents. We encourage parents to foster their childrens' studies at home, reduce child labor in the community, and create emotionally sustainable family environments.
- Infrastructure: We initiate large construction projects (see "**Construction**").

- **Family Monitoring 2019:**

We prioritize individuals and families in Tankarpata who need us most. Every year; families with limited resources, health problems, violence, or frequent life risk receive extra support from CooperarPerú. For example, last year, we raised \$1,200 for Mrs. Domingo Quiroga's life-saving health care, Mrs. Rocio Tecse's medical examinations and medications, and an anonymous family's supply of staple foods.



See the beneficiaries receiving their donations!
<https://www.youtube.com/watch?v=HfnXIDcuxgA>

Do you want to help?

VOLUNTEER PROGRAMS AND INTERNSHIPS



- ***How does it work?***

The YANAPASUNCHIS international cooperation project works with interns of various professional areas and volunteers of many nationalities, academic profiles, and competencies. The volunteer collaborates with the director four to five hours from Monday to Friday. Meanwhile, the intern develops specific skills with supervision from an appointed professional five to six hours per week.

Exchange philosophy

We focus on communities with low economic resources and problems in their educational and social development. We believe that volunteers and interns create a cultural mix that benefits all involved. A space for cross-cultural learning exchange is a space for a new and more sustainable vision for our world. These ties of fraternity and multiculturalism are fundamental to **CooperarPerú**.

International internships & volunteer opportunities:

Our organization opened its doors to pre-professional practitioners in 2017; since then, we have greatly improved our quality of assistance towards our beneficiaries. Our organization collaborates with interns from many professional areas including:

- Tourism: Sustainable tourism, web marketing, and hotel management.
- Tankarpata school: Education, social work, social education, environmental education, pedagogy, and psychology.
- Cruzpata: agronomy, environmental engineering, zootechnics, ecology, and veterinary.
- Marketing, international cooperation, international business, project management, and language.

Internships in medicine: We offer three types of internships and volunteer positions in health & medicine:

a) Community health in Tankarpata school: Disease prevention, vaccination campaigns, home visits, and prevention workshops for children and parents. In the first-aid space, we run nutrition workshops, disease prevention, hygiene workshops and medical campaigns. Working hours are from Monday to Friday from 2:30 pm to 7 pm.

b) Community health at Chocco health center: Choice between community health and medical position. The Chocco health center is located in a marginal urban area that serves more than 80 people per day. The various specialties of work include general medicine, nutrition, psychology, dentistry, nursing, obstetrics, and laboratory.

c) General health at Hospital de la Solidaridad: We recently closed an agreement with one of the largest social hospitals in the country. This agreement will serve to protect our children, communities, and families by offering us professional medical support. For its low cost and high quality care, the Hospital of Solidarity is one of the busiest hospitals in Cusco. Students of medicine may choose to intern in one of the following fields:

- Dentistry
- General medicine
- Physiotherapy
- Traumatology
- Psychology
- Endocrinology
- Pharmacy
- Gynecology
- Laboratory
- Internal Medicine
- Pneumology
- Neurology
- Odontology
- Ophthalmology
- Oncology
- Orthopedics
- Pediatrics
- Rheumatology
- Topical



| MUNICIPALIDAD DE LIMA | | SISOL SALUD | |
|--|--|--|--|
| ESPECIALIDADES Y SERVICIOS | | | |
| PRIMER PISO | | SEGUNDO PISO | |
| <ul style="list-style-type: none"> • Caja • Cardiología • Cirugía de Cabeza y Cuello • Endocrinología • Farmacia 1 y 2 • Ginecología • Informes • Laboratorio (Toma de Muestras) • Medicina Física y Rehabilitación • Medicina General • Medicina Interna • Nefrología • Neumología • Neurología • Odontología • Oftalmología • Oncología • Ortopedia • Pediatría • Podología • Reumatología • Tópico • Traumatología • Urología | | <ul style="list-style-type: none"> • Cirugía general • Cirugía plástica, estética y reparadora • Dermatología • Dermatología (Procedimientos) • Laboratorio (Entrega de resultados) • Medicina Estética • Nutrición • Otorrinolaringología • Psicología | |
| | | SÓTANO | |
| | | <ul style="list-style-type: none"> • Cirugía cardiovascular • Densitometría ósea • Ecografía • Gastroenterología • Oftalmología (Procedimientos) • Ozonoterapia • Radiología • Terapia en silla • Tomografía | |



To inquire about an internship, please send your CV to internships@cooperarperu.com and we will schedule an interview via Skype. We will review your prior experiences and see how they might adapt to the needs of the organization. If the person is deemed responsible in their practices, then documents will be sent and signed to confirm the international internship. Thank you for your interest!

An experience: project “Potable Water” We believe in the basic human rights of HEALTH and DIGNITY. Poor water quality was previously one of the most formidable obstacles to both health and dignity in the community, proven by medical studies to cause parasitic infections in children. Recently, a group of university students joined us in a collective platform to purify the water system in Tankarpata.

We successfully constructed a drinking water purification system for the entire Tankarpata community—more than 700 people! We installed a chlorine system with a budget of around €8,000.



Enjoy a video capturing the construction process!

<https://www.youtube.com/watch?v=yfmLDBbb9Aw>

Medical campaigns and community health:



Once a year, we host a large medical campaign wherein we identify the unique and most frequent health problems in the community. Then, we develop specific health interventions and workshops for prevention and cure. Each medical intervention is supervised by a Peruvian health professional and assisted by the Health Center of the local government, the municipality, and the private clinics.



More than 43% of children in Tankarpata have anemia and the vast majority of parents lack the knowledge to combat it.

In 2019, we developed with particular intensity the initiative against anemia thanks to our alliance with the School of Nursing at the University of Leonardo de Vinci in Paris. Our partnerships with universities are vital because students help develop strategies to fight malnutrition. We thank them for their assistance.





In recent years, the most frequent illnesses in the communities were parasitic disease, malnutrition, and anemia. Right now, we need international health practitioners to help us oppose them.



Combating the cold

To combat the cold is a dream of many families in Tankarpata. From May to July in the high Andean area, the cold causes respiratory diseases in children and elderly. Furthermore, children and animals under the age of five often perish from pneumonia.



In Tankarpata, health problems begin in home kitchens—smoke festers, heat escapes quickly, and fires burn out rapidly. In 2019, students

from the Commercial Schools of Higher Education and ESCD 3A in Lyon, France fulfilled the dreams of many families by helping us build them ecological kitchens. Advantages of our new construction include:

- Full-house heating during and after use of the kitchen.
- Clean space for food handling.
- Chimney for smoke ventilation.
- Preservation of firewood for cooking.

After a recent health evaluation of families in poverty and extreme poverty in Tankarpata, we chose ten families who had children under five years of age experiencing malnutrition, parasitosis, and anemia to receive special assistance. We delivered medications, held nutrition workshops with parents and hygiene activities for children, and built ecological kitchens in their homes. A special thanks to students Juliette Jade, Fauville Margaux, Cozzolino Manon, Blas Leticia, Paulis Enzo, and Bressoud Taina for sponsoring this project.





before



after

For more information on the cold in Cusco:

<https://diariocorreo.pe/peru/mas-de-600-muertos-por-ola-de-frio-en-el-pais-por-ola-de-frio-825623/>.

A big thanks from a beneficiary!

https://m.facebook.com/story.php?story_fbid=2524607067578864&id=100000887853303

To join or sponsor projects like those described above, please contact internships@cooperarperu.com with your interest. Thank you!

We are currently developing prototypes of kitchens to include hot shower systems. We require knowledge and resources relating to solar hot spring construction, insular wall construction, solar-powered cooking, technical agriculture, hydroponics, aquaponics, dry baths for places where there is no drainage system, and animal husbandry. We direct these undertakings to the new project for sustainable development in the community of Huaypo Lagoon in Cruzpata: ECOaldea!

Project ECOaldea in Cruzpata (Huaypo Lagoon, Chinchero) 2019:



The Plan

The low quality of life in Cruzpata is an urgent reality—the best way to help is to bring an improved environment to the children and provide knowledge and tools for more lucrative and sustainable ways of life. We have in progress parallel and complementary projects which serve to technify agriculture and propose sustainable development systems through renewable resources.

Botanical Garden:

"Why do we obsess over leaving a better planet for our children, when we should obsess over leaving better children for our world?"

We believe education is the basis of the development of a society; hence, the first phase of ECOaldea is the building a botanical garden to promote harmony and respect in children through love of nature. We thank the POEMES Student Association in School of Medicine at the Université de Versailles-Saint Quentin for their sponsorship.



The garden conserves medicinal plants from across Perú for the study of healing properties and the dissemination of ancestral knowledge. Now, the children and families can visit and use the garden to learn the plants and treat illnesses (special thanks to the TANKAPOYO group). It is also conservational, providing a home for many local insects and birds.

500 square meters of space and an irrigation system will host a division of beds including garden, hydroponics, aquaponics, small animals like guinea pigs, compost (natural fertilizer), workshops for renewable energy education and improvement of life quality.

Technified agriculture & promotion of ecology in the garden:

- **Acuaponía:** A unique farming concept wherein fish farm and garden coexist symbiotically. Fish benefit from water purification and plants benefit from fish fertilizer and other nutrients.
- **Hydroponics:** A tropical fruit greenhouse system that maximizes space and uses ZERO pesticides, promoting organic and clean nutrition.
- **Breeding of small animals:** A space wherein local mothers can raise small animals for selling and consumption. This heightens empowerment, economic autonomy, and life-quality.



- **Experience exchange:** A space for the development of life-improving activities. This includes the construction of solar kitchens, thermal showers from recycled materials, insular walls for frigid homes, ecological baths, and wind energy.

From February 2019 - 2024:

- Garden: Promote the consumption of community-grown produce; increase knowledge and tools to combat anemia and malnutrition.
- Aquaponics: Practice healthy and clean agriculture.
- Work: Create space of opportunity for families to provide for themselves through nutrition and profit; increase security for children by lowering malnutrition, extreme poverty, and other crippling social phenomena.
- Workshops: Use learning exchange to empower children and families to improve quality of life and economic resources.
- Medium to long-term: Potentially, families supply local markets and organic restaurants

in Cusco city with sustainably-grown products.

Renewable energy practices:

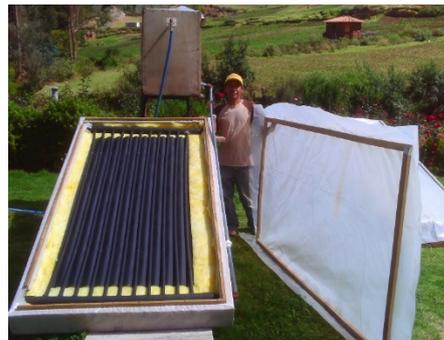
Ecological kitchens:



Thermal walls:



Solar-powered showers:



Aquaponics:



Hydroponics:



CooperarPeru 2019: Calendar of Projects

| | | | |
|---|---|--|---|
| January Rock-climbing activity at Cachimayo. | February Carnivals, contests of typical dances and expressions to nature (Cusco). Beginning of technological agriculture and renewable energy utilization project (Huaypo). | March Carnivals for cultural diffusion. Families or groups of children can register for these contests (Cusco). Campaign to combat malnutrition. Construction of ecological kitchens and small animal farms to fight anemia (Huaypo and Cusco). | April: Delivery of school supplies and study materials. Evaluation of attendance and regularity of children of CooperarPeru (Cusco). |
| May: Completion of construction of ecological kitchen and investigation of anemia and malnutrition in Tankarpata (Cusco). Completion of small animal breeding spaces and demonstration workshops (Huaypo). | June: Delivery of clothing and toys for children. "Educate with Love": Activity with parents for education without violence (Cusco). Evaluation of technified agriculture project (Huaypo). Beginning of construction project of the first Montessori Free education school (Huaypo). | July: Hinkana Family: recreational space through games involving all families in the community (Cusco). Beginning of construction of first botanical garden and continuation of sustainable development project in community of Huaypo (Huaypo). | August: Kite Contest: children making kites with their fathers or with CooperarPerú (Cusco). Completion of construction of agricultural space, technified livestock, and sustainable resources (Huaypo). Delivery of donation to family project: \$1,200 in funds and food (Cusco). |
| September: Evaluation and improvement of aquaponics system, technified animal husbandry, and botanical garden (Huaypo). Evaluation of all projects. | October: First workshop to present the community project to the Ministry of Agriculture. Theme: "system of technical agriculture," a different way to improve our agriculture. Exponent: Lic. ING Environmental NORI Huaynamarca. | November: Second workshop: "construction of ecological showers." Using knowledge gained, development of workshops to construct ecological shower. Opportunity to improve quality of life. Exponent: Lic. Rubén Dario. | December: Third workshop: rearing of minor animals in an independent system. Exponent: Lic. Zootecnista Joaquín Rodrigues. |

• **Construction**

Completed Projects in Tankarpata

- Potable water system and purifier. €8,000; 700 beneficiaries.
- 2017: School kitchen to prevent anemia and malnutrition through education. 120 children.
- School workspace for children: improved infrastructure (thanks to donation by Silvia Rodrigues, former volunteer).
- *Further improvements made possible by donations! The “Ludoteca Space” for safe play, toy room connection hallway, and renovated school façade.*

Hallway



Ludoteca Space



Renovation of Facade (2017)



- a) **"My small steps:"** A delegated space for toddlers to play, practice motor coordination, take first steps, and learn colors.
- b) **Healthy child project: "Growing With You":** To fight malnutrition, quality foods must be incorporated into the home and daily life of children. We hold workshops wherein mothers learn to combine in-stock ingredients for nutritional control of their children.
- c) *We are currently seeking volunteers to continue these projects! If interested, please contact comunica@cooperarperu.com.*



Tankarpata 2019: Projects in progress

- ❖ "Hold me Tight": campaign against the cold. Clothing and blanket donation drive for the winter months.



- ❖ January to March 2019:

"recreational vacations" every day from Monday to Friday. Workshops, festivities, games and activities for heightened environmental protection. Theme: health. Empowerment, education, and motivation.

- ❖ Clothing and food drive: Delivered clothing and funds to assist health, education of children, and families in a state of emergency. Fall to assistance.
- ❖ April and September: delivered school materials.
- ❖ Help project "CooperarPerú (families)": continued monitoring and working with several family cases.
- ❖ Education project: "YANAPASUNCHIS": followed-up on cases of children who needed academic support.

- ❖ Health projects, medical campaigns, prevention workshops with parents, prevention workshops, and hygiene-habit practice with children.
- ❖ Various construction projects.
- ❖ Ecological kitchens.

Future projects in Tankarpata:

1. **Center for women’s empowerment:** We want to create a space wherein women may find economic autonomy and become independent from their husbands to address Perú’s high rates of femicide. Last year, Perú registered more than 146 cases of femicide, and Lima registered 170 daily complaints of violence against women. The center must also provide psychological assistance, follow-ups on violence complaints, and accompaniment. Our psychologist needs help identifying problems, developing self-esteem activities, creating workshops for sales products, and other supportive activities.

We need students of psychology—please contact us if interested at comunica@cooperarperu.com!

For more information, visit the following website:

<https://peru21.pe/lima/ano-han-cometido-146-feminicidios-peru-449945-noticia/>



2. Expansion of computer room: We want to provide a space for our children to have contact with technology, learn to use computers, and develop work skills.

More information at www.cooperarperu.com or cooperarperu@gmail.com



3. Continued fight against poverty:

construction of more ecological kitchens, thermal walls, solar-powered cooking, and solar thermal baths, and improved infrastructure of houses.

More information at www.cooperarperu.com or cooperarperu@gmail.com

And in Cruzpata . . . an exciting challenge is upon us!

Our ambition for the future? Construction of our Montessori School in Cruzpata!





An alternative education:

Why is quality education only for those whose economic resources are vast? The answer is lost in



the high Andean mountains: migration, abandonment of culture and customs, loss of the Quechua language due to excessive solitude of Andean communities, three hours' walking distance between childrens' homes and schools, and villages often forgotten by the local government. Many families leave their villages in search of better quality of life, health, education, and a more promising material future.

This is a crude and harsh reality that CooperarPerú wants to overcome. It is our biggest challenge yet and we hope to face it with your help.

Cruzpata is a mainly agricultural community located in Chinchero, a district 50 minutes from the Cusco city center. For all four sectors of the community, there is only *one* educational infrastructure that brings together the initial, primary and secondary schools.

We believe that this area deserves special attention because it is directly affected by economic and social inequalities; and malnutrition, anemia and parasitosis due to poor hygiene conditions. Previously, there was no association working to increase quality of life and community development.

Our project was initiated in March by a student intern in International Trade from the Universite Catholique de Louvain in Belgium. We embark on the construction of a Montessori educational center in Huaypo Lagoon, Cruzpata.

Derived from the Montessori Method popular in Finland and Germany; Montessori replaces a competitive, repetitive, traditional education with one that is connected to nature and allows space for the child to play and develop her personal qualities. Children learn autonomously, organize

themselves, and experience specialized nurturing according to their personal strengths and weaknesses. Important for the environmental problems in the extremely biodiverse Huaypo Lagoon, Montessori prioritizes relations with the environment and nature.

Our alternative school's intention is not to compete with the present Cruzpata school. We want to coordinate with the objectives of the government and other schools to improve the whole educational system of the region and realize its optimization.

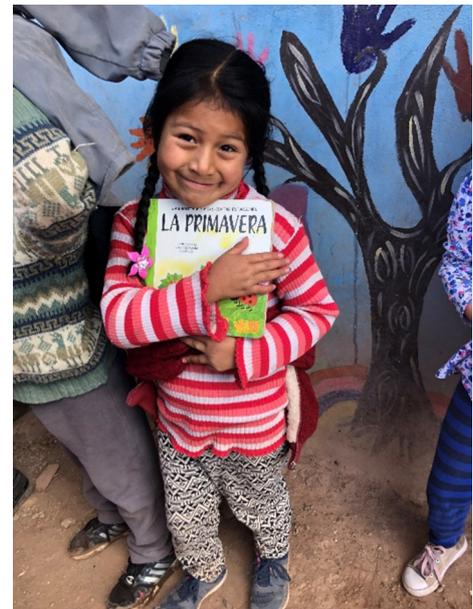
The project will consist of an initial and primary school with a capacity of 70-80 children. We have 1,000 square meters on which to construct classrooms, support and reinforcement space, a library, a computer room, and a multipurpose room (for art, theater, body-awareness, dance, song, sports, games, and other media).

We have divided this construction project into stages with the ultimate goal of a three-story school. We will use a nature-friendly construction methodology via bioconstruction, permaculture, and renewable energy sources.

The first stage:

- 1.- Build 144 square meter perimeter fence.
- 2.- Build initial education classroom (for three-year-olds).
- 3.- Build second initial education classroom (for four-year-olds).

The steps are divided so that progress is viable and our partners have the capacity to provide resources. *We invite you to sponsor a stage of this vital construction process. For more information or if you wish to sponsor, please contact us at comunica@cooperarperu.com.*



The future of the school

The school will be a site for cultural exchange and employment opportunities. We will source

teachers from the government, national and international university interns, and the local Cruzpata community. Teachers from Cruzpata will be trained according to the Montessori methodology of one of the best Montessori schools in Europe.

The school will be funded by sponsors who donate a minimum of five dollars per month in exchange for a quarter-yearly progress report on the project (improvements of children, exchanges of gifts, photos, stories, etc.). With 500 to 1,000 sponsors, we will realize our financial needs!

CooperarPerú. We thank you for your time, interest, and generosity. We invite you to become a part of our work!

HOW TO DONATE

MATERIALS: Directly to office

Calle Suytuqhatu 759,
Neighborhood San Blas – Cusco, Peru
Name: Wilver Huaynamarca Quispe

FINANCIAL CONTRIBUTIONS: Dollar account

Number: 285-233-846-7174
Shipping code/swift code: BCPLPEPL
Bank: Banco de Crédito del Perú,
Address: Av. Sol 189 Cusco-Perú
Name: “asociación civil sin fines de lucro CooperarPerú”

Can we count on you...?



