GERLEV
IDRÆTSHØJSKOLE

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Skælskør Landevej 28
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INTERNATIONAL SPORT FOR ALL LEADER EDUCATION

Special invitation to students and instructors from the Czech Republic – autumn 2019 and spring 2020

Gerlev Physical Education and Sports Academy in Denmark offers an international sports leader educational course – The International Sports for All Leader Education – for young students and instructors in sport and physical activity who would like to spend the autumn semester – 17 to18 weeks - at Gerlev P.E. and Sports Academy in Denmark. The course is open to students from Europe, Asia, North and South America. However, this is a special invitation to students and instructors from the Czech Republic.

Dates:
Autumn: August – December 2019
Spring: March – June 2020

Purpose:
The main purpose of this educational program is to offer a sports leaders education to international students and instructors who want to develop themselves in areas of sports, health and tourism.
The secondary purpose is a desire to promote international cooperation between young students from all over the world.
The third purpose is to promote the Global Initiative for Active Living

The educational program can be part of Erasmus+
Our Erasmus Plus PIC code is 937 787 659

Background - Gerlev P.E. and Sports Academy
The Academy was founded in 1938 as an international highly respected institution for education of youth leaders for the sport for all development in Denmark.
The Academy is the first P.E. and Sports Academy in Denmark.

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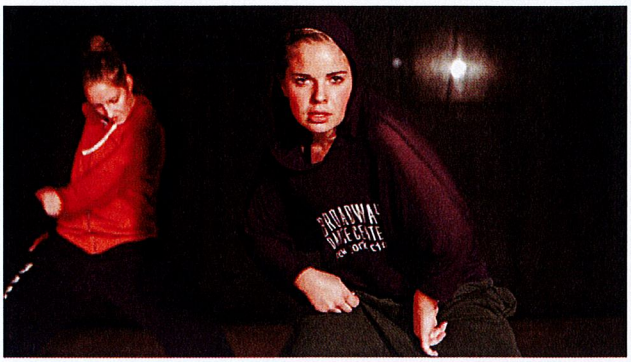
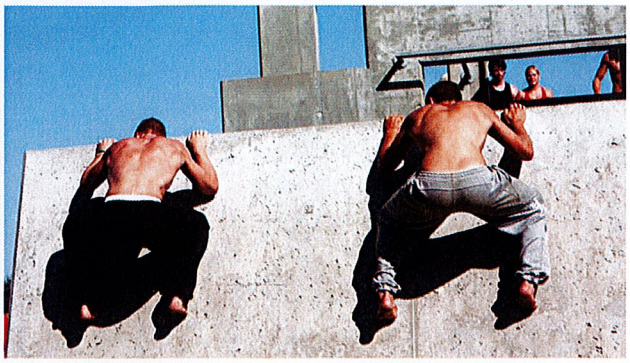




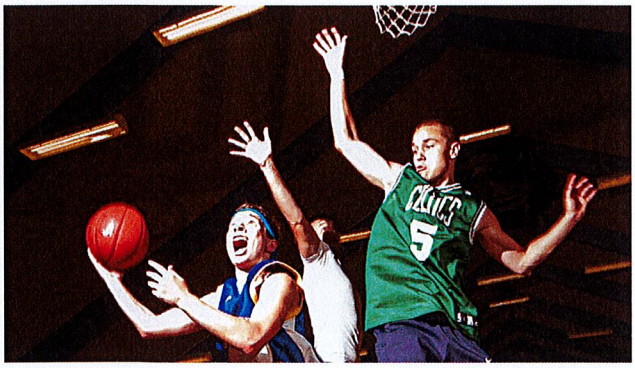
The specific goals with the International Sports for All Leaders Education

The educational program at Gerlev P.E. and Sports Academy will improve the individual's competence and skills in how

- to improve personal and teaching skills in different sports e.g. dance, ballgames/basketball, Beachvolley, swimming, out-door activities/adventure, parkour, CrossFit, Natural Move etc.
- to observe sports and teaching methods in different settings like sports clubs, community programs, workplaces and schools
- to observe and teach sport and physical activity programmes related to specific target groups
- to develop traditional sports games as a unique learning environment: The Gerlev Historical Play Park acknowledged as a European Regional Center for Traditional Sport and Games by TAFISA (The Association for International Sport for All) and as such part of the UNESCO Steering Committee for TSG.
- to develop the understanding of democracy and life philosophy during sport
- to teach and promote teaching methods in Physical Activity and Sports for All
- to use and understand the EU and WHO recommendations for Physical Activity

Teaching staff

The international group will meet the teachers and coaches from Gerlev P.E. and Sports Academy. Beside that instructors from Gerlev's Historical Play Park are involved together with researchers



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from the Institute for research in Sport, Health and Civil Society, University of Southern Denmark, situated in the academy. Both Institutions are unique in Europe.
Lecturers, coaches and sports politicians from the Parliament and Sports organizations will also share their knowledge with the international group.

International Certificate
The students who fulfil the International Sports for All Leaders Education will receive an International Certificate from Gerlev P.E. and Sports Academy to document and describe the content of the education.

Language:
The International Sports for All leaders Programme will be held in English language.

Daily life:
The students stay in dormitories – 2 to 3 persons per room
The students select the following:
1 major subject in sport/physical activity – 10 lessons a week
1 minor subject in sport/physical activity – 6 lessons a week
2 study subjects – 4 lessons x 2 a week
And some other obligatory lessons which are changed weekly

Examples of major subjects:
Parkour, Dance/streetdance, Beachvolley, Basketball, Football, MoveOut/Adventure, Yoga, Natural Move

Examples of theoretical study lessons:
- Sports activities, theory and practice
- Sports pedagogical aspects
- Sports sociology
- Sports psychology
- Play and Games as a tool in modern teaching
- Physical activity, Active Living-strategies and Health Promotion

During the stay there will be different excursions and cultural programme outside the Gerlev P.E. and Sports Academy, primarily to Copenhagen and Odense.

We do expect the students to be highly motivated with a great commitment.
We expect self-discipline, responsibility and a great deal of energy. Furthermore, we of course expect the students to follow the general rules of the Academy. The management holds the right to expel students for disciplinary reasons.

Price:
Thanks to public funds in Denmark and economical support from Gerlev P.E. and Sports Academy the international students will have the opportunity to pay no more than:

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- DKK 350 in tuition/food and accommodation during the stay per week – 18 weeks/DKK 6.300
- DKK 4.000 for a mandatory Team Building trip abroad.
- DKK 2,200 for teaching materials and special Gerlev sports Clothes

In total for one semester abroad is 12.500 DKK

The major sport subjects arrange various trips abroad which are **not mandatory** for international students due to the economically burden. The trips are depending on the majors special interest however examples of travel destinations for a one week study tour are:

- Dance have been visiting New York/Berlin/London
- Parkour goes to Paris or Croatia
- MoveOut goes to Southern Europe
- Basketball, Football and Beachvolley goes to Barcelona
- CrossFit and Natural Move goes to a European destination
- Yoga goes to Southern Europe

Students must pay their own travelling expenses to and from the academy – and bring their own pocket money. Students must also arrange their own travel and health insurance.

Payment terms:
You may choose to pay the entire amount no later than August 1st **OR** you pay half the amount and then divide the rest into two rates and pay during your stay.

The tuition and programme includes:

- accommodation in double or triple room (incl. cover sheets, etc.)
- daily food – 3 meals a day + 2 tea- and coffee-breaks
- the educational programme at Gerlev P.E. and Sports Academy
- all transportation to local or regional study tours in Denmark incl. cultural introduction to Danish historical and cultural sites
- textbooks and study materials
- Gerlev jacket and T-shirt

Who can apply?

- You have to be interested in sport as performer or P.E. student
- You have to be able to communicate well in English – spoken and written
- It is absolutely necessary that you do not have long term injuries or other health problems when beginning the course

You can apply by contacting your university or by mail to our Gerlev Representative in the Czech Republic:

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